



WINDHAM MIDDLE SCHOOL ATHLETICS  
406 Gray Rd, Windham, ME 04062

To: Any students new to sports at Windham Middle School.

Upon entering Windham Middle School, one of the many new things that are available to you is, Sports. As an incoming 6<sup>th</sup> grader, there are a few sports that you can participate in, or if you are entering 7<sup>th</sup> grade you now have more of a selection and for those 8<sup>th</sup> graders, perhaps you want to get ready for that High School sport. Sports are a great way to make friends and stay active. At the Middle School level, we try very hard not to “cut” athletes, however, there are times that our teams are just too large, either to get quality coaching or for a facility to handle, in the example of swimming, when the pool is limited to a certain number.

For the most part, practices and games for middle school athletes are held during the week. Indoor Track has meets every Saturday during its season & Wrestling has occasional Saturday tournaments. You will practice 5 days a week, unless it is a game day. Practice start times vary depending on your team. We try to rotate our field or gym sport practice schedules in order to be fair for all athletes. School transportation is provided to and from games/meets, however, it is up to you to plan your own transportation to and from your practices at the middle school. A bus is provided to St. Joe’s pool for swim practice. Parents, please be aware and know that if your child must stay for a later practice, they are on their own. There is NO adult supervision from the time they get out of school until their practice begins. They may choose to stay in the MS cafeteria, QUIETLY. Most practices run approximately 1 ½ hours. Your child will get their schedule on their first day of practice with their coach. There are minimal expenses for middle school sports, ie: indoor track tee-shirt, swim apparel, mouth guards or soccer socks. The only admission is for Indoor Track at the Expo.

*Upon the start of school, the students will meet with their coach to sign up for their Fall sport.* There will be announcements and an email sent notifying the students that it is time to sign up. **It is school board policy that all athletes have a current physical (within 2 years) on file with the school. There will be NO exceptions, please do not wait to get your child a physical.** There is only one week from the time they sign up for their sport until their season begins. Every athlete will be asked to have an emergency card electronically filled out and signed.

The athletes are given a certificate at the end of the season upon completing the season in good standing. Usually, the coach and his/her team, will have a gathering or will have made an agreement on their last meeting. All athletes are asked to return their uniforms to their coach after their last game, or they will be billed.

We are here in the Athletic Department (located in the high school) to help you with any of your school sports questions and to provide your child with a positive athletic experience. Please don’t hesitate to contact us.

893-2182

893-2191 (fax)

Athletic Director - Rich Drummond ([Rdrummond@windhamraymondschools.org](mailto:Rdrummond@windhamraymondschools.org))

MS Assistant Athletic Director - Matt Perkins ([MPerkins@windhamraymondschools.org](mailto:MPerkins@windhamraymondschools.org))

A.D. Assistant - Marleen Bicknell ([Mbicknell@windhamraymondschools.org](mailto:Mbicknell@windhamraymondschools.org))

The Fall sports schedule will be sent out soon for those interested in a Fall sport. We have an in season hotline (892-1810 option 5, then option 1) that gives the latest game schedules for the day and any updates or cancellations etc.

Or you can get info regarding athletics at WMS & WHS on our webpage:

<http://www.rsu14.org/Sports/index.cfm>

Fall Sports begin Sept 6<sup>th</sup>

Early Winter begin Nov 6<sup>th</sup>

Late Winter begin Feb 5<sup>th</sup>

Spring begins April 2<sup>nd</sup>

### List of sports offered at Windham Middle School

#### **Fall Sports**

Soccer - Boys

#### **Level**

7th grade

8th grade

Soccer - Girls

7th grade

8th grade

Field Hockey

7th grade

8th grade

Cross Country

6, 7, 8 Boys & Girls

#### **Early Winter Sports**

Basketball - Boys

#### **Level**

7th Grade

8th Grade

Basketball - Girls

7th Grade

8th Grade

#### **Late Winter Sports**

Indoor Track

Boys & Girls

6, 7, 8th grades

Wrestling

Boys & Girls

6, 7, 8th grades

Swim

Boys & Girls

6, 7, 8th Grades

#### **Spring Sports**

Baseball - Boys

#### **Level**

8th grade

Softball - Girls

8th grade

Outdoor Track

Boys & Girls

6, 7, 8th grades